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Award #2033389

- Graduate students
  - Emotional exhaustion and attrition



- Graduate students
- Control-value theory (Pekrun, 2006)
  - Achievement emotions: Directly connected to achievement activities or achievement outcomes



- Graduate students
- Control-value theory (Pekrun, 2006)
  - Achievement emotions
    - Positive achievement emotions: enjoyment, hope, pride
    - Negative achievement emotions: anger, anxiety, shame, hopelessness, and boredom



- Graduate students
- Control-value theory (Pekrun, 2006)
  - Achievement emotions
    - Impacts of positive & negative emotions on learning & health
    - Negative correlation (non-pandemic times)



- Graduate students
- Control-value theory (Pekrun, 2006)
  - Achievement emotions
    - Impacts of positive & negative emotions on learning & health
    - Negative correlation (non-pandemic times)
- COVID-19



- RQ: During the COVID-19 pandemic, are positive achievement emotions (i.e., enjoyment, hope, and pride) and negative achievement emotions (i.e., anger, anxiety, shame, helplessness, and boredom) correlated? If so, how are they related?
- Hypothesis: Positive and negative emotions are negatively correlated.



Methods

National Science Foundation (NSF) RAPID study

- Participants (1<sup>st</sup> wave: Summer 2020)
  - *N* = 57
- Instrument
  - Achievement Emotions Questionnaire (AEQ) (Pekrun et al., 2011)
    - "I enjoyed the challenge of learning the material."
    - Studying made me irritated."



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  - Achievement Emotions Questionnaire (AEQ) (Pekrun et al., 2011)
- Analysis
  - Canonical correlation



#### Results

First pair of weighted sums

Correlation (CanR) = 0.706, *p* < .001

Effect size (CanRSQ) = 0.498



Results

Equation for first weighted sum of positive emotions = 0.152\*Enjoyment + 0.239\*Hope - 0.041\*Pride

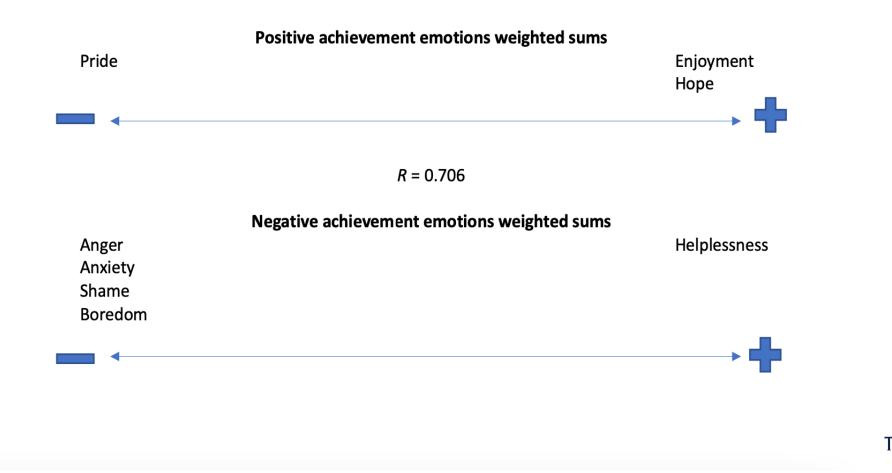
Equation for first weighted sum of negative emotions =

-0.090\*Anger - 0.049\*Anxiety - 0.012\*Shame + 0.076\*Helplessness

- 0.115\*Boredom



#### Results





#### Discussion

Positive emotions and negative emotions are positively correlated among graduate students.

COVID-19 pandemic?



#### Discussion

Limitations

- 1) Correlational analysis
- 2) Generalizability

Future directions

1) Mediating variables (e.g., demographic variables)



#### Discussion

Implications for:

- Control-value theory
  - Achievement emotions and pandemic
- Educational practice
  - Emotion regulation
  - Emotional support through social connection





#### Thank you.

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