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Award #2033389

- Graduate students
 - Emotional exhaustion and attrition



- Graduate students
- Control-value theory (Pekrun, 2006)
 - Achievement emotions: Directly connected to achievement activities or achievement outcomes



- Graduate students
- Control-value theory (Pekrun, 2006)
 - Achievement emotions
 - Positive achievement emotions: enjoyment, hope, pride
 - Negative achievement emotions: anger, anxiety, shame, hopelessness, and boredom



- Graduate students
- Control-value theory (Pekrun, 2006)
 - Achievement emotions
 - Impacts of positive & negative emotions on learning & health
 - Negative correlation (non-pandemic times)



- Graduate students
- Control-value theory (Pekrun, 2006)
 - Achievement emotions
 - Impacts of positive & negative emotions on learning & health
 - Negative correlation (non-pandemic times)
- COVID-19



- RQ: During the COVID-19 pandemic, are positive achievement emotions (i.e., enjoyment, hope, and pride) and negative achievement emotions (i.e., anger, anxiety, shame, helplessness, and boredom) correlated? If so, how are they related?
- Hypothesis: Positive and negative emotions are negatively correlated.



Methods

National Science Foundation (NSF) RAPID study

- Participants (1st wave: Summer 2020)
 - *N* = 57
- Instrument
 - Achievement Emotions Questionnaire (AEQ) (Pekrun et al., 2011)
 - "I enjoyed the challenge of learning the material."
 - Studying made me irritated."



Methods

National Science Foundation (NSF) RAPID study

- Participants (1st wave: Summer 2020)
 - *N* = 57
- Instrument
 - Achievement Emotions Questionnaire (AEQ) (Pekrun et al., 2011)
- Analysis
 - Canonical correlation



Results

First pair of weighted sums

Correlation (CanR) = 0.706, *p* < .001

Effect size (CanRSQ) = 0.498



Results

Equation for first weighted sum of positive emotions = 0.152*Enjoyment + 0.239*Hope - 0.041*Pride

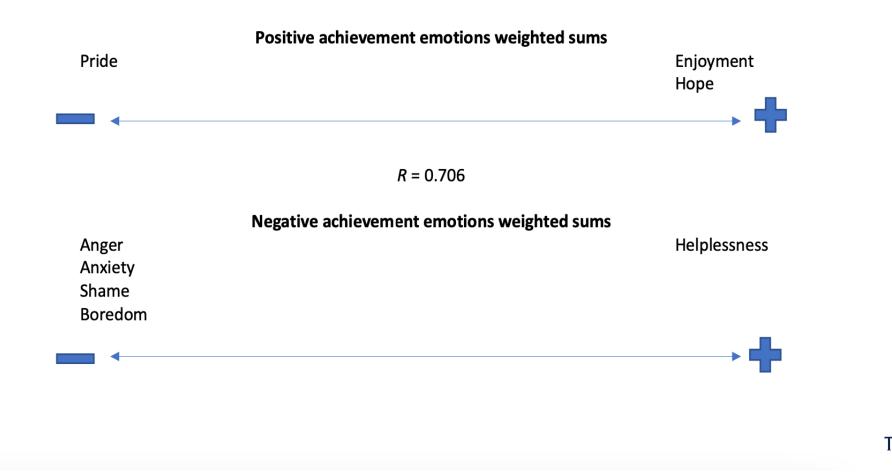
Equation for first weighted sum of negative emotions =

-0.090*Anger - 0.049*Anxiety - 0.012*Shame + 0.076*Helplessness

- 0.115*Boredom



Results





Discussion

Positive emotions and negative emotions are positively correlated among graduate students.

COVID-19 pandemic?



Discussion

Limitations

- 1) Correlational analysis
- 2) Generalizability

Future directions

1) Mediating variables (e.g., demographic variables)



Discussion

Implications for:

- Control-value theory
 - Achievement emotions and pandemic
- Educational practice
 - Emotion regulation
 - Emotional support through social connection





Thank you.

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